

# CHEER/JUMP

## January 2010

CAPE ALL STARS    capeallstars@hotmail.com  
 Cape Cod Cheer Academy  
 150 Rosary Lane, Units C & D  
 Hyannis, MA 02601    508-790-7827

Sun	Mon	Tue	Wed	Thu	Fri	Sat
4th Senior National Deposit Due January 7th \$150	Last deposit due February 4th \$100				1  <b>GYM CLOSED</b>	2 Intermediate Tumbling 9 - 10 SAT Team 10 - 11:30
3 Senior Level 4 7:00 - 8:30	4 Beg Jump 4 :30 - 5:30 Team Jump 5 :30 - 7 Senior Level 3 7 - 8:30	5 Tiny 3:30 - 4:30 Beg Tumbling 4:30 - 5:30 Mini 5:30 - 6:30 Youth 6:30 - 8:00	6 SAT. Tumbling 4:30 - 5:30 Int. Tumbling 5:30 - 6:30 Youth 6:30 - 7:30	7 Tiny 3:30 - 4:30 Sr level 3 4:30 - 6 Advanced 6 - 7 Sr. Level 4 7 - 8:30	8  Mini 5 - 6	9 Intermediate Tumbling 9 - 10 SAT Team 10 - 11:30
10 Senior Level 4 7:00 - 8:30	11 Beg Jump 4 :30 - 5:30 Team Jump 5 :30 - 7 Senior Level 3 7 - 8:30	12 Tiny 3:30 - 4:30 Beg Tumbling 4:30 - 5:30 Mini 5:30 - 6:30 Youth 6:30 - 8:00	13 SAT Tumbling 4:30 - 5:30 Int. Tumbling 5:30 - 6:30 Youth 6:30 - 7:30	7 Tiny 3:30 - 4:30 Sr level 3 4:30 - 6 Advanced 6 - 7 Sr. Level 4 7 - 8:30	15  Mini 5 - 6	16 Intermediate Tumbling 9 - 10 SAT Team 10 - 11:30
17 Senior Level 4 7:00 - 8:30	<b>18</b>  <b>Level 3 and level 4 8 am - 10 am</b>	19 Tiny 3:30 - 4:30 Beg Tumbling 4:30 - 5:30 Mini 5:30 - 6:30 Youth 6:30 - 8:00	<b>20</b> SAT Tumbling 4:30 - 5:30 Int. Tumbling 5:30 - 6:30 Youth 6:30 - 7:30	<b>21</b> Tiny 3:30 - 4:30 Sr level 3 4:30 - 6 Advanced 6 - 7 Sr. Level 4 7 - 8:30	<b>22</b>  Mini 5 - 6	23 Intermediate Tumbling 9 - 10 SAT Team 10 - 11:30
24 Senior Level 4 7:00 - 8:30  <b>31 Senior Level 4 7:00 - 8:30</b>	25 Beg Jump 4 :30 - 5:30 Team Jump 5 :30 - 7 Senior Level 3 7 - 8:30	26 Tiny 3:30 - 4:30 Beg Tumbling 4:30 - 5:30 Mini 5:30 - 6:30 Youth 6:30 - 8:00	27 SAT Tumbling 4:30 - 5:30 Int. Tumbling 5:30 - 6:30 Youth 6:30 - 7:30	<b>28</b> Tiny 3:30 - 4:30 Sr level 3 4:30 - 6 Advanced 6 - 7 Sr. Level 4 7 - 8:30	<b>29</b>  Mini 5 - 6	<b>30 1st Comp All Teams except Level 4 LaSalle Academy</b>